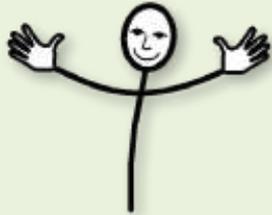


**Your Guide to Our Organisation**



# WELCOME...



## HELLO!

This guide aims to provide you with information on the work we do.



We hope you find this guide useful.



Michael Batt Foundation is a not-for-profit organisation which means that any extra money we make is put back into the organisation to benefit the people we support.



Michael Batt Foundation supports people in:

- \* Registered Care Homes
- \* Supported Living

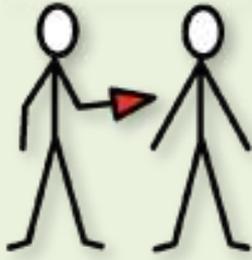
Some people need a lot of support and some people only need a little support.



Some support is paid for by the Local Authorities.



Some support is paid for through Direct Payments.



## UNDERSTANDING ABOUT YOU



### COMMUNICATION:

Understanding how you communicate is important to us.

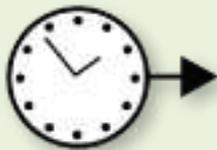
We will communicate with you in a way that is right for you.

We can support you to communicate with others and others to communicate with you.



### DIAGNOSIS:

If you have a diagnosis we will help you to understand what this means to you.



### FUTURE:

We will support you to plan for your future.



### HISTORY:

We can help you, if you want, to understand about your past.



# YOUR SAY!



## MICHAEL BATT FOUNDATION PROMISES TO:



\* Listen to your views, thoughts and feelings about how you want to be supported.



\* Make sure your support package is right for you.



\* Help you to design a service that meets your needs.



\* Help you to choose the right support team.

\*



# YOUR HOUSING



## CHOOSING THE RIGHT ACCOMMODATION:



We can help you to choose the right type of accommodation for you:

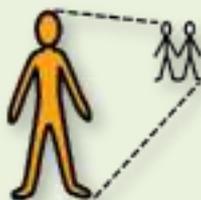
- \* A house?
- \* A flat?
- \* A bungalow?

Whatever **YOU** need within your budget.



## CHOOSING WHERE YOU LIVE:

We can support you to find the best area for you to live in. The area that **YOU** choose / the area that meets **YOUR** needs and that you can afford.



## CHOOSING WHO YOU LIVE WITH:

- \* You may wish to live alone
- \* You may wish to live with other people



# YOUR HOUSING



## YOUR TENANCY:

We can support you to:

- \* Understand your tenancy
- \* Work with your landlord
- \* Keep your home safe.



DWP Department for Work and Pensions

## WE CAN SUPPORT YOU WITH:

- \* Tenancy support
- \* Your Housing Benefit



## INSIDE YOUR HOME:

We can support you to:

- \* Choose your own furniture
- \* Keep your home safe, clean and tidy
- \* Become more independent





# YOUR BENEFITS



## APPOINTEE:

If we are your Appointee we can support you with:



DWP Department for Work and Pensions

## BENEFITS AGENCY:

We can support you to deal with the Benefits Agency.



## GETTING BENEFITS:

We can support you to:

- \* Apply for the benefits.
- \* Get the right benefits for you



## HELP AND ADVICE:

We can offer you advice and support about your benefits and your money.



# YOUR FINANCES



## WE CAN SUPPORT YOU TO:

- \* Get all the money you are entitled to.
- \* Learn how to budget your money.
- \* We can support you to spend your money wisely and support you to become independent with your finances.



We can support you to save money.



# KEEPING SAFE



\* Michael Batt Foundation is a registered safe place.



\* We are committed to preventing Mate Crime.  
\* We are committed to preventing Hate Crime.



\* We can support you to learn how to keep yourself and others safe.  
\* We offer you a Keep Yourself Safe course.



\* We can help you to recognise when you are at risk.  
\* We can help you to recognise when others are at risk.



# YOUR RELATIONSHIPS



## WE CAN SUPPORT YOU TO:

- \* Maintain the friendships / relationships you already have.
- \* Make new friendships and relationships.



We can offer you advice and support about:

- \* Relationships
- \* Sex



## WE CAN:

- \* Provide you with support and advice about keeping safe in relationships.
- \* Help you understand what Mate Crime is and what to do about it.
- \* Help you to find other people who can help you with relationships.
- \* Offer you a Keep Yourself Safe course.



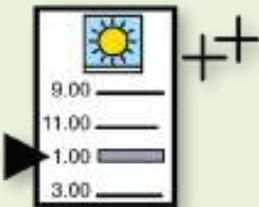


# YOUR HEALTH



## WE CAN SUPPORT YOU TO:

- \* Meet your health care needs.
- \* Make appointments with health care professionals.
- \* Know about fair access to health care.



## WE CAN SUPPORT YOU:

- \* At your appointments.
- \* With your medication needs.



We can offer you advice and support about healthy living.



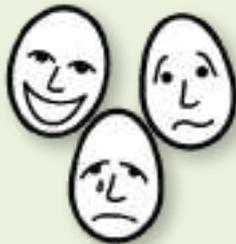
We can support you to understand about your medication.



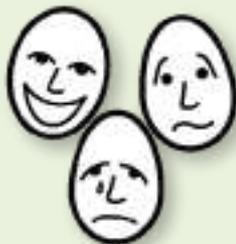
# YOUR HEALTH



## (Emotions, Thoughts & Feelings)



We can support you with managing your emotions, your thoughts and coping with your feelings.



We can support you to find other people who can help you with managing your emotions, your thoughts and coping with your feelings.



# YOUR LEARNING SKILLS



## WE CAN SUPPORT YOU TO:

\* Find out what you need to learn.



\* Find out what you would like to learn.

\* Apply for courses.



We can offer you support with your learning.



# YOUR WORK SKILLS



DWP Department for Work and Pensions



## A JOB:

- \* We can support you to find a job that is right for you.
- \* We can support you with your job.
- \* We can work with you and your employer.
- \* We can help you to know your rights as an employee.



## CYCLE RE-CYCLE:

Michael Batt Foundation operates a bicycle refurbishment project.

People who are supported by Michael Batt Foundation can choose to work at our Bike Shop.

You will be paid for this work and receive training.



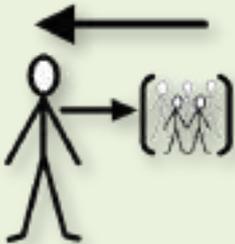
# YOUR COMMUNITY



## WHAT'S ABOUT:

We can support you to:

- \* Know what is in your local area.
- \* Know what is happening in your local area.
- \* Find out about other useful places that may be helpful for you in your local area.
- \* Get involved in your community.



## GETTING OUT AND ABOUT:

We can support you to:

- \* Do the things you want to do.
- \* Get to where you want to go.



# YOUR COMMUNITY



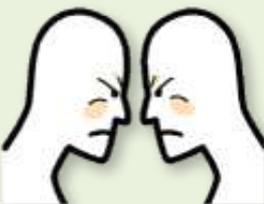
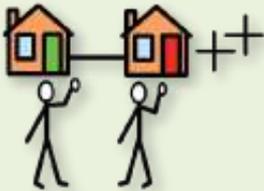
## SAFETY AND ADVICE:

We can support you to:

- \* Know about keeping yourself safe in the community.
- \* Know what to do if you do not feel safe.

We are part of the 'Staying Safe' campaign.

We are a Safe Place.



## NEIGHBOURS:

We can support you to:

- \* Meet your neighbours
- \* Get on with your neighbours

We can offer you:

- \* Support and advice if you are not getting on with your neighbours



# MY LIFE

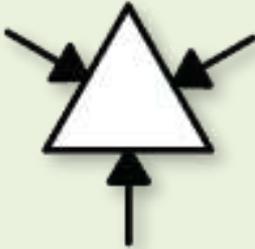


IF YOU ARE SUPPORTED BY MICHAEL BATT FOUNDATION WE WILL WORK WITH YOU TO PUT TOGETHER A MY LIFE GUIDE. YOUR MY LIFE GUIDE WILL:

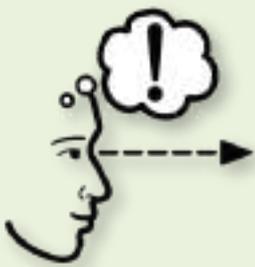


\* Contain your personalised guidelines

These guidelines let those who support you know and understand about:



\* How you want to live your life  
\* How you want and need to be supported



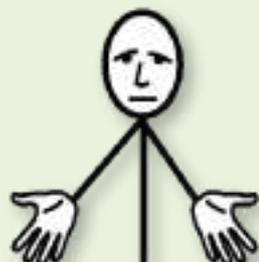
\* Help you to identify the skills you already have and also help you to identify the skills you may need to become more independent.



\* Be designed around your communication and reading needs.



# MY LIFE



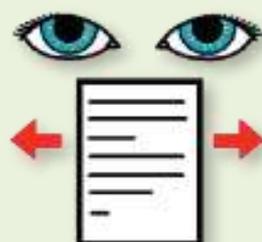
\* Help you let Social Services know what your needs are. This will be helpful information for you at your review.



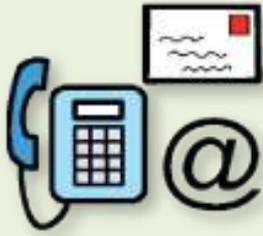
\* Enable you to see your achievements.



\* Help you to identify and work towards the important things for your future; your hopes, dreams, aims and ambitions.



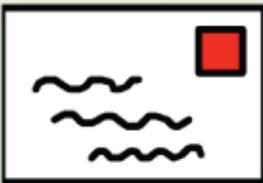
\* We will support you to keep your 'My Life' guide up to date and will review it regularly with you.



# CONTACT US



If you would like further information about Michael Batt Foundation, we can be reached by the following methods:



## **Michael Batt Foundation**

Second Floor Poseidon House

Neptune Business Park

Cattedown

Plymouth

PL4 0SJ



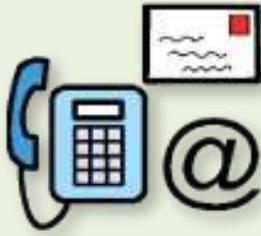
Telephone:

**(01752) 310 531**



Fax:

**(01752) 310 530**



# CONTACT US



Further information can also be found  
on our website:

[www.michaelbattfoundation.org](http://www.michaelbattfoundation.org)



Email:

[info@michaelbattfoundation.org](mailto:info@michaelbattfoundation.org)



Thank you for the interest you have  
shown in Michael Batt Foundation.

We hope to hear from you soon.